

## Sunday

**8:00 – 9:30 am** **Steps To Freedom**  
C, NC, SG, SP, ♿  
Brodhead Conference Room  
Lehigh Valley Hospital- Pocono  
206 E. Brown St  
East Stroudsburg, PA 18301

**6:30 – 8 pm**  
O, SP, ST, ♿  
**We Became Willing**  
The Mountain Center  
354 Memorial Blvd  
Tobyhanna, PA 18466

**7 – 8 pm**  
C, SG, ST, SP, ♿  
1<sup>st</sup> WK: SP  
2<sup>nd</sup> -5<sup>th</sup> WK: SG/ST  
**The Promise of Freedom**  
St. John's Evangelical Lutheran  
Church, 9 North 9<sup>th</sup> Street (Rear  
Entrance) Stroudsburg, PA 18360  
**\*NO SMOKING ANYWHERE ON CHURCH GROUNDS \***

## Monday

**12 – 1:30 pm**  
O, SP  
**Just For Today**  
East Stroudsburg United  
Methodist Church  
83 South Courtland Street  
East Stroudsburg, PA 18301

**6:30 – 8 pm**  
C, SP, ♿  
**A Few Good Men**  
Stroudsburg Wesleyan Church  
915 North 5th Street (Route 191)  
Stroudsburg, PA 18360

**7 – 8:30 pm**  
C, ♿, AB  
**Gratitude Is Our Attitude**  
East Stroudsburg Presbyterian  
Church, 55 Smith Street  
East Stroudsburg, PA 18301  
**\*NO SMOKING ANYWHERE ON CHURCH GROUNDS OR THE  
SURROUNDING PROPERTIES\***

**7:30 – 9 pm**  
O, CL, RF  
**Monday Night Candlelight**  
Hope Springs Community of  
Faith Church 301 Market St/  
Corner of Market St & 3<sup>rd</sup> St,  
Bangor, PA 18013

**7:30 – 8:30 pm**  
O, TD  
**Serenity Monday Night**  
McMichael's United Methodist  
Church  
104 White Church Rd. & Rt. 715  
Saylorsburg, PA 18353

## Tuesday

**12 – 1:30 pm**  
O, RF, TR, IP  
**Just For Today**  
East Stroudsburg United  
Methodist Church  
83 South Courtland Street  
East Stroudsburg, PA 18301

**12 – 1:00 pm**  
JT, C  
**Serenity at Noon**  
St. John's Neumann  
Rt 739 Hawley, PA 18428

**6 – 7:30 pm**  
O, RF, HW, LC  
**Never Alone**  
Stroudsburg Wesleyan Church  
915 North 5th Street (Route 191)  
Stroudsburg, PA 18360

**7:30 – 9 pm**  
O, RF, ♿  
1<sup>st</sup> WK: ST  
2<sup>nd</sup> WK: LC  
3<sup>rd</sup> WK: TR  
4<sup>th</sup> WK: JT  
5<sup>th</sup> WK: CC  
**The Few, The Proud, The Serene**  
St. Marks Community Lutheran  
Church, 242 Miller Road  
Stroudsburg (Appenzell), PA  
18360

## Wednesday

**12 – 1:30 pm**  
O, ST  
**Just For Today**  
East Stroudsburg United  
Methodist Church  
83 South Courtland Street  
East Stroudsburg, PA 18301

**6 – 7:30 pm**  
O, RF,  
1<sup>st</sup> WK: BT/SP  
2<sup>nd</sup> WK: CC  
3<sup>rd</sup> -5<sup>th</sup> WK: BT  
**New Beginnings for Women**  
East Stroudsburg United  
Methodist Church  
83 South Courtland Street  
East Stroudsburg, PA 18301

**7 – 8:15 pm**  
O, CC  
**We Have a Choice**  
Salem United Church of Christ  
Route 209 & Gilbert Road  
Gilbert, PA 18331

**7 – 8:30 pm**  
O, B  
**Hope in Coolbaugh**  
The Mountain Center  
354 Memorial Blvd  
Tobyhanna, PA 18466

**7 – 8:30 pm**  
O, RF, SP, SD, LC, ♿  
1<sup>st</sup> WK: ST/SP  
2<sup>nd</sup> WK: SD/SP  
3<sup>rd</sup> -5<sup>th</sup> WK: LC/SP  
**No Nonsense Group**  
St. John's Evangelical Lutheran  
Church, 9 North 9th Street  
(Rear Entrance)  
Stroudsburg, PA 18360  
**\*NO SMOKING ANYWHERE ON CHURCH GROUNDS \***

## Thursday

**12 – 1:30 pm**  
O, LD, LC  
**Just For Today**  
East Stroudsburg United  
Methodist Church  
83 South Courtland Street  
East Stroudsburg, PA 18301

**6:30 – 8 pm**  
O, SP, ♿  
**Miracles in the Mountains**  
Christ Episcopal Church  
(Downstairs – Side Entrance)  
205 North 7th Street  
Stroudsburg, PA 18360

**7 – 8:30 pm**  
O, LD, RF, RR  
1<sup>st</sup> WK: HW  
2<sup>nd</sup> WK: LC  
3<sup>rd</sup> WK: SG  
4<sup>th</sup> WK: BT  
5<sup>th</sup> WK: CC  
**The Ultimate Weapon**  
Community Bible Church  
899 Route 940  
Blakeslee, PA 18347

**7 – 8:30pm**  
O, RF  
1<sup>st</sup> WK: SP  
2<sup>nd</sup> WK: ST, TR  
3<sup>rd</sup> WK: LC  
4<sup>th</sup> WK: SGC  
5<sup>th</sup> WK: AB  
**Acceptance, Faith, &  
Commitment**  
St. Paul's Lutheran Church  
(Left Side Entrance)  
139 Craigs Meadow Road  
East Stroudsburg, PA 18301

**\*Use Side Entrance off Parking Lot, 3<sup>rd</sup> Thurs of Month\***

## Friday

**12 – 1:30 pm**  
O, BT  
**Just For Today**  
East Stroudsburg United  
Methodist Church  
83 South Courtland Street  
East Stroudsburg, PA 18301

**5:30 – 6:30 pm**  
O, LC, ♿  
**Simplicity Is The Key**  
Christ Hamilton United Lutheran  
Church 419 Bossardsville, Road  
Stroudsburg, PA 18360

**6 – 7:30 pm**  
O, B, BT, LC, 4<sup>th</sup> WK: SP  
**I Can't We Can**  
The Mountain Center  
354 Memorial Blvd  
Tobyhanna, PA 18466

**7:30 – 9 pm**  
C, ST, TR, SP, ♿  
**Miracles in the Mountains**  
Christ Episcopal Church  
(Downstairs – Side Entrance)  
205 North 7th Street  
Stroudsburg, PA 18360

## Saturday

**8:30 – 10 am**  
C, RF, SG, SP, TR  
**If You Want What We Have To  
Offer**  
Stroudsburg Wesleyan Church  
Annex, 915 North 5th Street  
(Route 191) Stroudsburg, PA  
18360

**\*STAY OFF THE OUTDOOR STAIRS\* ONLY USE FIRST FLOOR  
STAIRS TO ACCESS MEETING UPSTAIRS**

**12 – 1:30 pm**  
O, BL, LC  
**Mid-day Miracles**  
East Stroudsburg United  
Methodist Church  
83 South Courtland Street  
East Stroudsburg, PA 18301

**7:00– 8:30 pm**  
O, BT  
**Message Of Hope**  
St. Paul's Lutheran Church  
(Left Side Entrance)  
139 Craigs Meadow Road  
East Stroudsburg, PA 18301

**8:30 – 10 pm**  
O, ST, TD  
**Serenity Saturday Night**  
Effort United Methodist Church  
1699 Merwinsburg Road  
Effort, PA 18330

★ ALL FACILITIES ARE NON-SMOKING ★

***Find Additional Meetings & Information  
about Narcotics Anonymous at***

**NA.org**

***Learn More about Our Region and find  
meeting lists for other areas in our region***

**at MARSCNA.org**

